

# underwater heated in grown ysiotherapy alls & requipment

class IV therapeutic laser

THE GREENFIELD ANIMAL HOSPITAL



Open Daily 9am - 9pm

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Just minutes from Saratoga!

#### Also offering:

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3100 Rt 9N Greenfield Center, NY 12833



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& Rehabilitation & Fitness Center

There's a misconception that Physical Therapy is only for injured pets. It actually helps many pets lead more comfortable lives!

### benefits of rehabilitation are:

#### Increase

- \* range of motion
- + strength
- + mobility + function
- + fitness

#### Reduce

- swelling
- pain
- inflammation
  - weight

Rehabilitation treatments improve goality of life for a variety of pets, including injured animals, aging pets who are in pain.

overweight pets trying to lose weight or those recovering from surgery. It can also benefit pets participating in agility or those who need to bern some energy and have some fun!

#### Poes your pet suffer from...

arthritis / pain hip dysplasia muscle stiffness / atrophy weight problems difficulty climbing stairs gait disruption

less of range of motion coordination disorders overall physical deterioration behavior issues / hyperactiveness

Physical Therapy can help!

#### Therapeutic Laser



Low intensity or 'cold' laser is a form of intense light therapy using various frequencies and wavelengths that promote positive physiologic changes within cells that support healing and reduce or eliminate pain.

The laser treats acutely inflamed joints and soothes sore muscles along with enhancing healing of wounds, burns and other skin conditions.

#### Electrical Stimulation

Electrical stimulation is effective for increasing range of motion, increasing muscle strength, providing muscle re-education following nerve damage, correcting structural abnormalities, and improving muscle tone. This treatment also enhances function, improves pain control, accelerates healing, and reduces muscle spasm and

#### Physiotherapy & fonditioning



There are many different forms of conditioning ranging from maintaining a healthy canine athlete, to strengthening after injury or surgery, to retraining for canine sports.

The benefits to conditioning include maintaining fitness and coordination, reduced risk of injury, faster recovery from injury, weight control, and a sense of well being.

## Hydrotherapy

- The buoyancy provided by water lessens the weight-bearing load on an animal's limbs.
- This helps reduce pain and lets the animal start therapy earlier after surgery or injury.
- Water applies pressure on an animal's limbs, which helps decrease inflammation and improve circulation.
- By changing the water level, resistance and buoyancy an be changed to target individual muscle groups and injuries.
- Water temperature can be changed as well to help the animal relax and further alleviate pain.
- Muscle conditioning in water is not only an effective way of building up strength and endurance, but many animals often find it fool

